

Quality Catering

145 St. Jacques
Lachine, Qc H8R 1E1
514-509-0733

Sacred Heart

Menu: April 8 - May 3, 2024

Follow us on instagram @qualitycateringmtl

Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
No Lunch Service	A. Penne Bolognese served w/ string beans	A. Chicken burger & roasted potatoes and corn	A. Pancakes, breakfast sausage & hash brown	A. Mac & cheese burger served w/ steamed broccoli
	B. Penne rosée served w/ string beans	B. Veggie burger & roasted potatoes and corn	B. Pancakes, tofu sausage & hash brown	B. Mac & cheese served w/ steamed broccoli
	C. Egg sandwich served with raw veggies	C. Grilled cheese panini with raw veggies & dip	C. Meatball sub served with raw veggies	C. Grilled Turkey Panini served w/ raw veggies
15	16	17	18	19
A. Rottini pasta with tomato sauce & meatballs	A. Chicken nuggets w/ tasty tots & corn nibblets	A. Beef Taco Bowl salsa, lettuce, corn, cheese & tortilla chips	Pizza Day A. Pepperoni Pizza w/ a Caesar salad	PED DAY
B. Rottini pasta with rose sauce	B. Fish sticks w/ tasty tots & corn nibblets	B. Veggie Taco Bowl salsa, lettuce, corn, cheese & tortilla chips	B. Cheese Pizza w/ a Caesar salad	
C. Tuna garden salad served w/ a bun	C. Egg sandwich served w/ raw veggies	C. Crispy chicken wrap served w/ raw veggies	C. Grilled Turkey Panini served w/ raw veggies	
22	23	24	25	26
A. Meat Lasagna served with string beans	A. Ham & cheese quesadillas served with a bowl of chili	A. Chicken Souvlaki served w/ Greek style veggie rice	A. Sloppy Joe's with bun & raw veggies	A. Teriyaki chicken served w/ Chow Mein noodles
B. 3 cheese lasagna served with string beans	B. Cheese quesadillas served with a bowl of veggie chili	B. Lemon herbed salmon served w/ Greek veggie rice	B. Veggie Sloppy Joe's with bun & raw veggies	B. Teriyaki tofu served w/ Chow Mein noodles
C. Ham & cheese on panini w/ raw veggies	C. Meatball sub served with raw veggies	C. salami on challah roll served with raw veggies	C. Tuna sandwich served with raw veggies	C. Crispy chicken wrap served w/ raw veggies
29	30	1	2	3
A. Tortellini (meat) rose sauce served w/ string beans	A. Salisbury steak served w/ roasted potatoes & broccoli	A. Chicken Parmesan served w/ Pesto Pasta	A. Grilled cheese panini w/ turkey & vegetable soup	Pizza Day A. Pepperoni Pizza w/ a Caesar salad
B. Tortellini (cheese) rose sauce served w/ string beans	B. Battered fish served w/ roasted potatoes & broccoli	B. Breaded Sole served w/ Pesto Pasta	B. Grilled cheese panini w/ a vegetable soup	B. Cheese Pizza w/ a Caesar salad
C. Grilled chicken Caesar salad served w/ a bun	C. Tuna sandwich served with raw veggies	C. Grilled cheese panini with raw veggies	C. Meatball sub served with raw veggies	C. Grilled Turkey Panini served w/ raw veggies

Desserts are rotated on a daily basis, including: Granola bars, fruit cup, yogurt, muffin, banana bread, carrot cake, oatmeal cookies etc...

Note: All meals are free of all peanut

IMPORTANT: Please return March coupon ASAP to school Cafeteria

- 1 - A 48 hour notice is required for all changes and/or cancellations
- 2 - The caterer reserves the right to modify the menu without notice
- 3 - Meals will not be given to children who have not remitted a payment
- 4 - There will be a \$30 charge for all returned cheques
- 5 - No refunds are given in the event of a snow storm, school cancellation, etc...

Keep the above menu as a reminder. Please return the coupon ASAP

School Name: Sacred Heart

Student's Name: _____

Grade Number: _____

Contact Person: _____

Telephone Number: _____

Circle the appropriate choice : A or B or C

Monday April 8 No School	Tuesday April 9 A or B or C	Wednesday April 10 A or B or C	Thursday April 11 A or B or C	Friday April 12 A or B or C
Monday April 15 A or B or C	Tuesday April 16 A or B or C	Wednesday April 17 A or B or C	Thursday April 18 A or B or C	Friday April 19 Ped Day

Monday April 22 A or B or C	Tuesday April 23 A or B or C	Wednesday April 24 A or B or C	Thursday April 25 A or B or C	Friday April 26 A or B or C
Monday April 29 A or B or C	Tuesday April 30 A or B or C	Wednesday May 1 A or B or C	Thursday May 2 A or B or C	Friday May 3 A or B or C

Payment enclosed: _____ meal(s) at \$7.75 \$ Total _____

**Please DO NOT issue cheques or etransfers for amounts LESS than \$30
Please send etransfers to shsm@qualitycatering.ca**