

Quality Catering

145 St. Jacques
Lachine, Qc H8R 1E1
514-509-0733

Sacred Heart

Menu: March 18 - April 5, 2024
Follow us on instagram @qualitycateringmtl

Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
A. Penne Bolognese served w/ broccoli	A. Homemade chicken strips w/ roasted potatoes & corn	A. Pancakes, breakfast sausage & hash brown	A. Chicken Parmesan served w/ Pesto Pasta	Pizza Day A. Pepperoni Pizza w/ a Caesar salad
B. Penne rosée served w/ broccoli	B. Homemade fish strips w/ roasted potatoes & corn	B. Pancakes, tofu sausage & hash brown	B. Breaded Sole served w/ Pesto Pasta	B. Cheese Pizza w/ a Caesar salad
C. Egg sandwich served with raw veggies	C. Tuna sandwich served w/ raw veggies	C. Meatball sub served with raw veggies	C. Grilled cheese panini with raw veggies	C. Grilled Turkey Panini served w/ raw veggies
25	26	27	28	29
A. Meat Lasagna served with string beans	A. Grilled cheese panini w/ turkey & vegetable soup	A. Hamburger & spicy wedges caesar salad	Holy Thursday	Good Friday
B. 3 cheese lasagna served with string beans	B. Grilled cheese panini w/ a vegatable soup	B. Veggie burger & spicy wedges caesar salad		
C. Ham & cheese on paninin w/ raw veggies	C. Meatball sub served with raw veggies	C. Crispy chicken wrap served w/ raw veggies		
1	2	3	4	5
Easter Monday	A. Tortellini (meat) rosee sauce served w/ string beans	A. Beef Taco Bowl salsa, lettuce,corn, cheese & tortilla chips	A. Teriyaki chicken served w/ Chow Mein noodles	Pizza Day A. Pepperoni Pizza w/ a Caesar salad
	B. Tortellini (cheese) rosee sauce served w/ string beans	B. Veggie Taco Bowl salsa, lettuce,corn, cheese & tortilla chips	B. Teriyaki tofu served w/ Chow Mein noodles	B. Cheese Pizza w/ a Caesar salad
	C. Grilled chicken Caesar salad served w/ a bun	C. Tuna sandwich served w/ raw veggies	C. Grilled cheese panini with raw veggies & dip	C. Grilled Turkey Panini served w/ raw veggies

Desserts are rotated on a daily basis, including: Granola bars, fruit cup, yogurt, muffin, banana bread, carrot cake, oatmeal cookies etc...

Note: All meals are free of all peanut

IMPORTANT: Please return March coupon ASAP to school Cafeteria

- 1 - A 48 hour notice is required for all changes and/or cancellations
- 2 - The caterer reserves the right to modify the menu without notice
- 3 - Meals will not be given to children who have not remitted a payment
- 4 - There will be a \$30 charge for all returned cheques
- 5 - No refunds are given in the event of a snow storm, school cancellation, etc...

Keep the above menu as a reminder. Please return the coupon ASAP

School Name: Sacred Heart

Student's Name:

Grade Number:

Contact Person:

Telephone Number:

Circle the appropriate choice : A or B or C

Monday March 18 A or B or C	Tuesday March 19 A or B or C	Wednesday March 20 A or B or C	Thursday March 21 A or B or C	Friday March 22 A or B or C
Monday March 25 A or B or C	Tuesday March 26 A or B or C	Wednesday March 27 A or B or C	Thursday March 28 No Service	Friday March 29 No Service
Monday April 1 No Service	Tuesday April 2 A or B or C	Wednesday April 3 A or B or C	Thursday April 4 A or B or C	Friday April 5 A or B or C

Payment enclosed: _____ meal(s) at \$7.75 _____ \$ Total

Please **DO NOT** issue cheques or etransfers for amounts **LESS** than \$30
Please send etransfers to shsm@qualitycatering.ca