

The Sacred Heart School of Montreal

Grade 12 Program



**Preparing Girls to
Change the World**



A Message From the Head of School

Since 1861, The Sacred Heart School of Montreal is proud to have been part of the fabric of Montreal and to have been graduating women of excellence. Our program offers female students an alternative to CEGEP and a gateway into diverse university programs and an opportunity to foster leadership, personal responsibility, professional life skills, and a continued passion for learning.

Our unique program, supportive environment, small class sizes, and history of academic excellence provides students with an opportunity to acquire the knowledge and skills to pursue their academic goals. In line with the mission and goals of a Sacred Heart Education, our Grade 12 program nurtures the mind, body, and spirit of each student by complementing the curriculum with a practical mentorship program, community service, and health and wellness requirements. Throughout this transitional year to university, our support services provide academic and career guidance, mentoring, and university advising for each student as they strive towards their post-secondary goals.

At Sacred Heart you feel the warmth and dedication of the faculty and staff and their commitment to the success of each student. Through our program and our educational mission, we prepare girls to change the world and find their place within it.

Come and explore what the Sacred Heart Grade 12 program has to offer and the opportunities and possibilities that await.

I look forward to meeting you!



Shawn O'Donnell

Head of School

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Program Overview

The Sacred Heart Grade 12 one year program provides female students a unique opportunity to obtain an Ontario Secondary School Diploma (OSSD) in the heart of downtown Montreal. Our school partners with OVS (Ontario Virtual School - Accredited by the Ontario Ministry of Education) to provide a rich online curriculum in conjunction with scheduled physical classes with Sacred Heart teachers.

The Ontario Secondary School Diploma is internationally-recognized and permits students to apply directly to universities in Canada, the US and abroad. Our Grade 12 program is an alternative to CEGEP. Students must have a grade 11 diploma or its equivalent. English Eligibility is NOT required for this program.

Our school offers 3 programs (Social Science, Commerce, Science) each with a curriculum that has been carefully chosen to best prepare our graduates for further studies in their chosen fields.

All three streams will be taught using a blended learning model: students will immerse themselves in an online learning program while being supported in person by Sacred Heart teachers who are designing instruction, learning activities, and providing quality feedback on all of their work.

Student academic counselling is a key feature of the program. Students will have unlimited access to coaching, mentoring, subject support, and university and career planning. Students will participate in an integrated mentorship program which allows students to work in a field of interest in order to obtain real life skills, work experience, and career exploration opportunities.

In addition to regular program requirements, students are expected to complete a minimum of 20 hours of community service throughout the year as well as participate in a health and wellness program.





If you would like to explore how Sacred Heart's Grade 12 program is aligned with your educational and career goals, we invite you to contact Stephanie Broadhurst, our Director of Enrolment Management at admissions@sacredheart.qc.ca.

Program Advantages

Students in our Grade 12 program will benefit from all that Sacred Heart has to offer as they complete their program and prepare for a wide range of undergraduate degrees.

Blended Learning Experience:

The Grade 12 program supports quality online instruction with physical classes taught by qualified Sacred Heart teachers. Students are supported throughout every step of their online courses while the content and topics are taught, reviewed, discussed and brought to life in a physical classroom environment.

Small Active Classes:

Small class sizes allow students to participate in more meaningful discussions and classroom instruction while receiving more individualized attention from teachers.

All Girls Learning Environment:

The Sacred Heart School of Montreal has over 160 years of experience graduating young women leaders. The all girls environment promotes individuality, confidence, and helps girls participate more fully in their academics without the social pressures and gender stereotypes that are often present in co-ed environments.

Program Advantages

Mentorship Program:

In conjunction with their courses, students will participate in a mentorship program where they are paired with a professional, alumna when possible, in their area of interest. Students will be guided and supported by their mentor while participating in various tasks and projects in order to learn more about the career. This rich opportunity allows students a deeper understanding of a variety of fields, careers, and disciplines while obtaining hands-on experience.

Community Service:

Serving others and the larger community is a key component of our program. The Grade 12 program requires that students complete 20 hours of community service throughout the year. Community service teaches students the importance of giving and empowers them to see their role in making the world a better place for everyone.

Dress Code:

To prepare our students to transition into the professional world, the Grade 12 Program will not require uniforms, but advises students to wear business-casual attire instead.



Program Advantages

Health and Wellness:

Physical activity is a critical component of a balanced lifestyle; therefore, students can participate in a variety of team sports and individual fitness activities during the week. Students are also encouraged to find activities in and outside of the school that add wellness and physical activity to their routines.

Strong Academic & Career Advising Program:

Students will have unlimited access to Sacred Heart's academic advisors to regularly check in regarding their progress in their courses, their mentorship program, and career and university planning. They will have ample opportunities to attend university preparation workshops, meet advisors from universities, and attend a variety of school fairs. Sacred Heart's personal counselors and qualified teaching staff will also be available to support our Grade 12 students.

BYOD and Technology:

The Sacred Heart Grade 12 program encourages students to Bring their own Device (BYOD) as technology is incorporated in all facets of learning.





Access to Co-curricular activities:

Students in the Grade 12 Program will have access to our GMAA competitive sports teams and intramural sports. They are also encouraged to get involved with Sacred Heart's full range of extracurricular activities and clubs and can participate in our school-wide assemblies, events, and traditions.

Student Exchange:

There are over 150 Sacred Heart Schools around the world and we are proud to be part of this worldwide network. Grade 12 students will have the opportunity to participate in a Student Exchange within the Sacred Heart Network to expand their global experience.

Supporting Online Learning with Quality Classroom Instruction

The teaching and learning landscape is rapidly changing in the face of 21st century technologies and their integration in our society. These changes are a marker that online learning is a key component of the future of education. The reality remains that many students will take online courses throughout their academic careers due to the quality, accessibility, cost and flexibility that they offer.

The Sacred Heart Grade 12 program incorporates the advantages and benefits of technology to deliver an Ontario provincial Grade 12 program in conjunction with supplementing online learning with quality classroom experiences. All learning objectives, evaluations and lectures are provided online, while knowledgeable, trained and responsive teachers enhance and supplement the online learning with valuable face to face experiences. This approach is called Blended Learning as it incorporates the advantages of both online learning and classroom interactions.

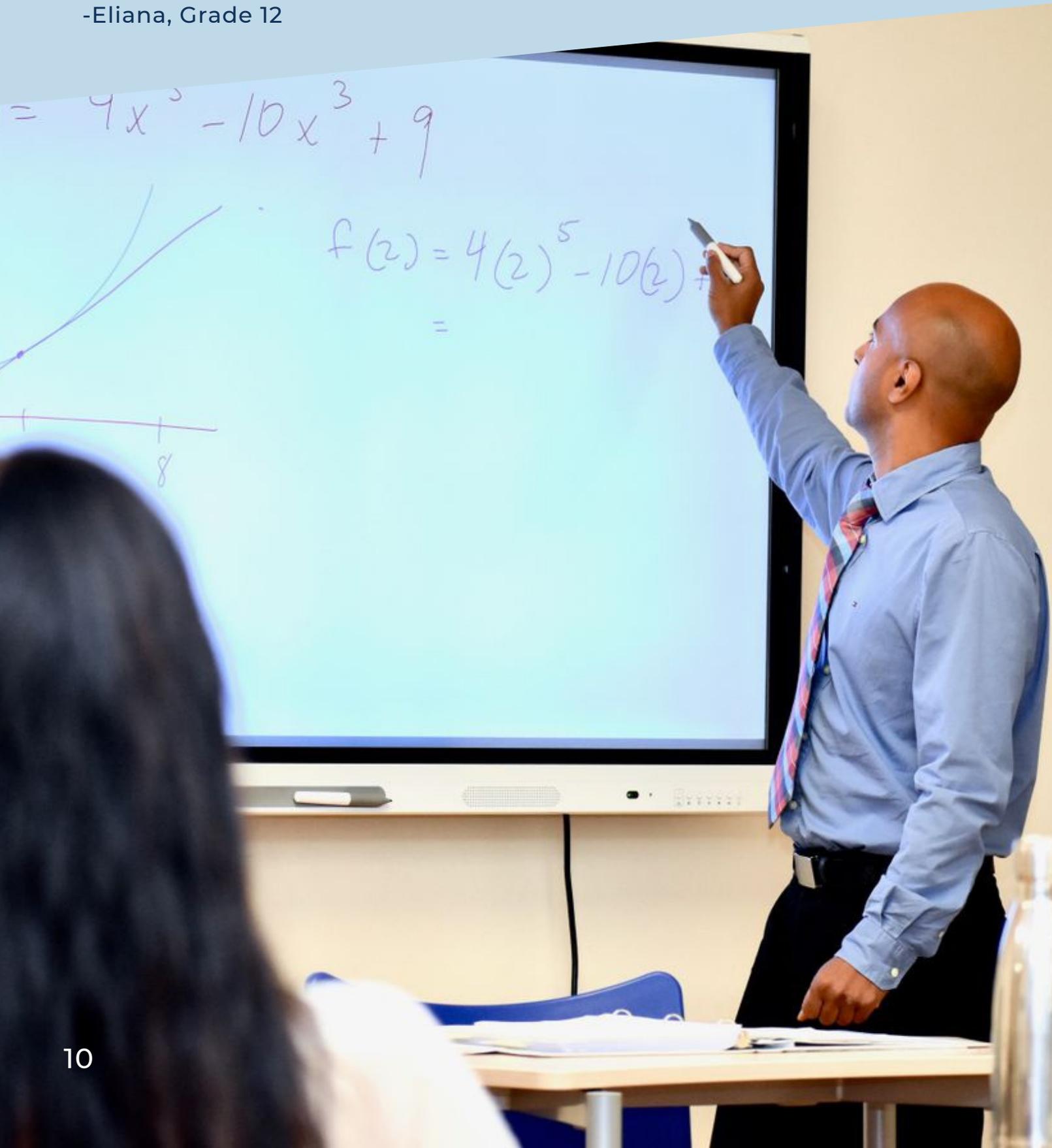
At home: The online component of the program provides students with 24/7 accessibility to structured and student centered lessons. The courses cater to a variety of learning styles using technology to increase student engagement and develop computer literacy. Online learning promotes student autonomy and responsibility while allowing students to set appropriate learning goals. Students will be expected to complete work on their online units to prepare for their in-person classes. Assignments will be completed at home and submitted to OVS teachers for grading.

In class with Sacred Heart teachers: The blending learning model will allow our Sacred Heart teachers to use the flipped classroom approach: students will preview the material at home and be introduced to concepts prior to coming to class. Face to face class time can therefore be used for physical science labs, practicing problems and concepts, applying content to new situations and delving deeper into discussions. Students will get feedback and instruction from their in-person teachers as well as guest lecturers. Exams will be given at Sacred Heart and graded by OVS.

Our program provides many layers of communication and support. Our Sacred Heart teachers and advisors will communicate with OVS to ensure our students are always supported. They will be able to verify students' progress, give guidance, and provide updates and recommendations to students and parents.

“The Sacred Heart Grade 12 program offers the perfect blend of synchronous and asynchronous learning. My teachers are always available to answer a quick question or tutor me on a complex topic. My mentorship has helped guide me in my decisions for next year as well as my future career. It has opened the door to many future experiences in my field of interest.”

-Eliana, Grade 12



How to Apply

Apply to the Sacred Heart Grade 12 program by completing the online application available on our website: www.sacredheart.qc.ca.

The application deadline for the next academic year is March 31. Applications submitted after this date will also be accepted pending availability and students may be waitlisted.

1. Complete Application Online

2. Submit all required documents to admissions@sacredheart.qc.ca

- Birth certificate
- Passport
- Student profile form
- Confidential school report
- Report cards from grade 9, 10 & 11
- Quebec Ministry transcript (MEES) - Quebec students only
- Application fee payable online

3. Student interview

Please visit our website for more details at www.sacredheart.qc.ca or contact Stephanie Broadhurst, Director of Enrolment Management, at admissions@sacredheart.qc.ca.

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