

The Sacred Heart School of Montreal Alumnae Association Newsletter



www.sacredheart.qc.ca

Summer 2019



A Message from the Head of School

Shawn O'Donnell



The summer is here – another school year successfully completed! Of course, this year we celebrate the long and distinguished teaching career of Peter Judson as he takes his well-deserved retirement to continue being a student of life. We send him our best wishes and hope to see him around the school in the future.

I would also like to extend a special thank you to Tara Durley '85, for her wonderful leadership as President of the Alumnae Association. Our successes could not be achieved without all of you. Our annual Golf

Tournament raised a record-breaking \$55,000 net for our *The future at heart* Capital Campaign!

Sacred Heart alumnae know how to put the fun in fundraising; breaking ground on our new auditorium is the proof! The work will begin this Summer and will continue throughout the Fall. We are so excited to be able to serve generations of new students and honour our cherished alumnae with it!

But our work isn't done! Alumnae, we need your help now more than ever. Your ongoing support is instrumental. Soon enough, the construction of the Cianci Wellness Centre will provide us with even more opportunities to come together for fun activities to make our future a reality. Thank you for your unfailing excitement for our projects and for your continued dedication to our efforts. I wish you all a wonderful summer!

A Message from the Alumnae Association President

Tara Durley '85

As the school year comes to a close, we welcome the graduates of 2019 into the Alumnae Association. As you continue on your journey, remember the goals of the Sacred Heart and live your lives with these in mind. You will be fine!

Recently, I had the opportunity to read through numerous newsletters dating back to 1975, when they first began. Each newsletter holds a little bit of history of the school, the students and the alumnae. Today, even with social media, the newsletter still serves a purpose. It's a way of connecting with so many and to remind us all that present and past form one great heart.

As many of you already know, our auditorium will soon be a reality and a wonderful addition to the School. It is my wish that by the time the auditorium is complete in 2020, each graduating year will have sponsored a seat either individually or as a class. We have all been on the Reception Room stage either for a BLC, drama production or Prizes regardless of our graduating year. Wouldn't it be appropriate to leave our mark in the new auditorium?

A happy summer to all.



Welcome to the Alumnae Association

On Tuesday, May 21, alumnae and Secondary V students came together at the Graduate Luncheon hosted by the Alumnae Board, and again later in the day at the annual Pin Ceremony where the graduates were officially welcomed into the Alumnae Association.

At the Luncheon, members of the Alumnae Association Board had the opportunity to meet the graduates in an informal setting and discuss the importance of staying connected to the School as well as the students' future academic pursuits and their plans for prom!



Veronica Verenini '19 with cousin Melissa Mancuso '00



Emilie Shaloub '19 with great aunt Josée Langevin '61



Dominique Levesque '17



Maureen Brown '80



Melissa Mancuso '00



Anika Maloni '97



Class Reps for the Class of 2019: L to R: Amanda Emblem, Emilie Shaloub, Grace Singer, Daisy Smith

At the Pin Ceremony led by **Anika Maloni '97**, Director of Academics, 26 alumnae were invited by the graduates to issue their pins. **Dominique Levesque '17**, representing the Montreal Alumnae Board, spoke of its many activities and opportunities to get involved and **Maureen Brown '80**, Alumnae Relations Coordinator, informed all in attendance about the inclusion of Montreal graduates into the national (CASHA) and international (AMASC) chapters of Sacred Heart Alumnae/i. Guest speaker **Melissa Mancuso '00** delivered a heartfelt speech reflecting on Sacred Heart and its winning culture mentality which breeds successful and strong graduates.



Grad Luncheon



Convocation 2019



On Thursday, June 20, family and friends gathered to celebrate the accomplishments of the Class of 2019. Along with receiving their high school diplomas, 22 graduates merited special prizes and awards. The Graduation Address given by **Ritou Maloni '98** was earnest and genuine as she focused on three key messages for the grads to consider as they embark on the next phase of their lives: to embrace challenge, to build self worth and to have fun and connect with people. The Class Valedictorian, **Daisy Smith**, delivered a personal and

sincere speech. She thanked the Faculty, Staff and parents for their guidance, patience and constant support, and cited each graduate's individual contribution to making their Sacred Heart experience so memorable. Lastly, Mr. O'Donnell congratulated the graduating class and encouraged them to become lifelong learners. A group of alumnae musicians returned to accompany the ceremony and a touching video comprising of congratulatory messages from the Faculty and Administration closed out the evening.



Daisy Smith '19 and Ritou Maloni '98

Where is the Class of 2019 going?

Dawson College

Madison Berros
Katalina Couto
Sophie Koestner
Yanping (Kris) Lu
Laura Maréchal-Houillon
Laura Michetti
Nicoletta Pantazopoulos
Grace Singer
Daisy Smith
Maya Vardaro
Veronica Verenini
Wenyu (Winnie) Zhang

John Abbott College

Caitlin Downey
Daphne Giroux
Tiana Iacobelli
Madison Passingham
Emilie Shalhoub

Marianopolis College

Erika Delucilla
Emiliana Di Nolfo
Amanda Emblem
Stefanie Frances
Jasmine Lightfoot

Elisabeth Morena
Yixuan (Carol) Qin
Rozanna Ralbovsky
Angelica Salouros
Jiajie (Crystal) Shan
Amanda Stevenson
Olivia Torralbo
Katalina Toth
Eliana Viviani
Maria Ziannis

Vanier College

Amberlie Pereira
Sydney Shun

Collégial Sainte-Anne

Shannon Blake

Attending Grade 12

Royal Crown Academic School (Toronto)

Zhiyi (Amber) Ren



Upcoming Events

25th anniversary - Girls for the Cure - September 26, 2019

In 1995, I had the privilege of serving on a committee dedicated to organizing an October fundraiser, under the aegis of CIBC and the MAAA, in aid of breast cancer research. The first year it was a “Run for the Cure” event open to anyone who wished to participate in this Mont-Royal Classic Walk/Run in order to raise awareness and funds to support this important cause, and more specifically the MUHC’s Dr. David Fleiszer’s ongoing battle against this disease. The Sacred Heart community, faculty and students alike, responded generously with both participation and fundraising for a cause that resonated strongly with a female student body. How ideal that girls were actively involved in this very crucial women’s issue! And so we reached out to all the QAIS Girls’ schools who joined in

enthusiastically, and thus this monument to girl-power was born. United, we all knew that we could make a significant difference, and the event became “Girls for the Cure”, a name coined by our own Sacred Heart alumna, Devorah Ritter ’98. Every September, the QAIS girls’ schools join in creating awareness and raising funds by walking together in support of this very important women’s cause. It is a fun day, but also sends everyone home, not just with a commemorative t-shirt, but with a true sense of accomplishment in having made a valuable contribution to society. This year we celebrate the 25th anniversary of “Girls for the Cure”. Here’s to Girl-Power!

Article submitted by Mrs. Lynne Brodrick Cochrane



Celebrating the movement you helped to create!
Girls for the Cure | September 26, 2019

Ways to participate:

Sponsor/Donate
a student | a school | the cause!

Register & Walk
Join the Alumnae Team to help raise \$25,000 celebrating 25 years!

Yearbook
Place your message in the 25th Anniversary yearbook!

Buy a bib
A student will walk on your behalf with your message!

stmaryshospitalfoundation.ca for more information!



All alumnae are invited to join the 25th annual Girls for the Cure walk with Sacred Heart students on Thursday, September 26th. Leaving from the School at noon, alumnae, students, faculty and staff will walk to Molson Stadium where a rally will take place. If interested, please contact the Alumnae Office: (514) 937-2845 ext.108 or alumnae@sacredheart.qc.ca

Alumnae Community Service Day - La journée Coup de Pouce



Missed our first two Community Service Days? Don't miss the next...

Join Sacred Heart alumnae on **Saturday, October 26** at Welcome Hall Mission/ Mission Bon Accueil and give back a few hours to a worthy organization. Their many programs help support the homeless, families, at-risk mothers and youth in the Montreal area. Interested in participating? Contact the Alumnae Office at (514) 937-2845 ext.108 or by email at alumnae@sacredheart.qc.ca

L'association des anciennes vous invite à participer à notre journée Coup de Pouce qui aura lieu le **samedi 26 octobre**. Les anciennes se réuniront au service de la communauté au Welcome Hall Mission/Mission Bon Accueil, un organisme de bienfaisance local. Si vous voulez vous joindre à nous, veuillez contacter le bureau des anciennes au (514) 937-2845 poste 108 ou par courriel à alumnae@sacredheart.qc.ca

Alumnae News

Congratulations to **Christine C. Lengvari '68** on receiving the *Benoît Pelland Distinguished Service Award 2019*. This prize is awarded to a Concordia graduate who has demonstrated a long-term commitment of outstanding service to the Concordia alumni association and university. Christine is President and CEO of Lengvari Financial Inc. She was named one of "50 Women of Influence in Canada's Life Insurance Industry" in 2014 and was also awarded the Prix de Distinction from the Chambre de la sécurité financière in 2017. Ms. Lengvari is involved on various boards and committees at her alma mater and in 2017 gave back to Concordia with a \$1-million planned gift.



Congratulations to **Laura Moore (née Calvo, Class of '96)** and her husband Abe, who welcomed a baby girl, Maggie Emerson on December 3, 2018. Her big brother Sully is truly smitten and loves her to bits.

Thank you **Liza Palas '99** for sending in a great photo of six graduates from the Class of 1999 who met up, in May 2018, for a mini reunion where the alumnae, along with their husbands and children, enjoyed catching up over brunch.



Liza looks forward to celebrating her 20th high school reunion and hopes many from the Class of 1999 will come to celebrate on October 4th.

Congratulations to **Katie Stavro '04** and her husband Elie Rizkallah on the birth of their daughter Olivia Rose Rizkallah who was born on June 20, 2019.



Congratulations to **Gurleen Padda '16** who was chosen to perform at Carnegie Hall in the *Young Adult Honors Performance Series*. College-aged musicians experience the thrill of working with master conductors and performing on the famed Carnegie Hall stage.

Gurleen started playing the trumpet at Sacred Heart in Secondary I and continued to play after graduation with the Quebec Youth Wind Ensemble. Sacred Heart still enjoys hearing Gurleen play, as she often returns to play at the Remembrance Day Mass and Convocation ceremony.

Faculty News

Congratulations to **Ms. Julie Beaudet** (Faculty) and Christian Sater on the birth of their new little princess Evelyn Ray Sater born May 23rd at 5:40 am, right before her planned induction!



Congratulations to **Mr. Peter Judson** (Faculty) on his retirement after 20 years of teaching at Sacred Heart.



Mr. David Reda, Mr. Peter Judson and Mr. Shawn O'Donnell

In Memory

Alumnae:

Cora Hackett '42, aunt of Jane '69 and Debra Hackett '72

Marie (Marité) Langlois '43

Rosemary O'Reilly '47 Joy, mother of Martha '71 and Cynthia Joy '79, grandmother to Oona '15 and Narah Joy, sister of Kathleen '48 (predeceased), Honour '53, Brigid '54, and Susan '60

Eilish Macauley '48 McKendy, (Le Sault) sister of Mary Macauley '47 Allodi, aunt of Katherine McKendy '02

Louise Dontigny '61, sister of Andrée '63

Mary Jennifer Lang, sister of Martha (Lang) Finkelstein '64.

Helen-Mary Brosseau '73

Carmel King '88

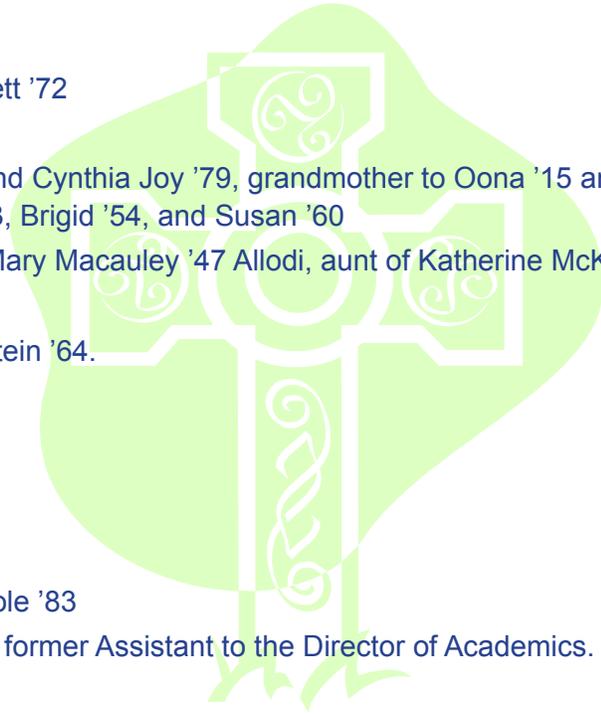
Family & Friends:

Dr. Antoine Asswad, father of Jehanne '77 and Carole '83

Mr. Gaetano Di Palma, father of Ms. Nina Di Palma, former Assistant to the Director of Academics.

Mrs. Judy Richer, former Portress

Mrs. Shirley Rossy, mother of Carol '77 and Joanne '84



Remembering Julia



Last March, the Sacred Heart community was deeply saddened by the sudden loss of our young alumna **Julia Cianci '18**, sister of Rosemarie '16 and Liana '20. Julia was an integral part of our school family, a positive leader, dedicated scholar and accomplished athlete. Her kindred spirit, bountiful kindness, great strength and determination will remain in our hearts and memories. She brought joy and enthusiasm to every endeavour and was a role model to many and an inspiration to all.

At the School's annual Sports Banquet, tribute was paid to Julia by framing and retiring her #8 basketball jersey which will hang in the gym. In addition, the number 8 will be retired from all Sacred Heart athletics teams as a unified demonstration of Julia's impact. In her honour, the *Julia Cianci Award for Excellence in Athletic Leadership* was inaugurated and will be awarded annually to a Secondary V student who, through her participation in a minimum of two sports, has demonstrated the qualities of a true leader. The School continues to honour Julia's legacy as a Sacred Heart Saint as we celebrate her incredible accomplishments and qualities as an athlete.

Alumna Shares her Personal Story

In April, alumna Nina Segalowitz '90, a Sixties Scoop survivor and accomplished throat-singer, spoke and performed for the School accompanied by her daughter Sierra. Born in Fort Smith, N.W.T in 1973, Nina was seized from her family through a government-led practice later called the Sixties Scoop. Like so many others, she was placed with a non-Indigenous family with the intention of integration into Canadian society. Nina's emotional and moving presentation recounted her tireless journey to reunite with her birth parents and find her place in the Indigenous community. Following the presentation, there was an engaging



and interesting Q and A session. Nina thoroughly enjoyed the opportunity to come back "home" to share her story and was thankful to Social Science teacher **Maria Cusma '06** for the invite. Ms. Cusma affirmed that the Social Sciences Department "encourages our students to critically engage with Canada's complex and contentious history and, to enrich the curriculum, it is imperative to give a voice to Native communities in order to receive a true and profound account of their experience." Ms. Segalowitz concluded with a touching remark to all in attendance: "You carry my story and that gives me hope. I'm going to carry you with me."



A Fond Farewell

After 33 years of teaching, 20 of them at Sacred Heart, Science teacher, Mr. Peter Judson, is retiring. At his recent retirement celebration, faculty and staff, parents, former students and colleagues gathered to celebrate one of Sacred Heart's most dedicated, knowledgeable and beloved teachers. Mr. Reda's farewell speech was humorous, yet poignant, recounting how Mr. Judson has been a mentor figure as much to his colleagues as to his students.

The Sacred Heart community wishes Peter all the best as he embarks on this new chapter in his life.



News from the Advancement Office

Two record-breaking fundraisers for City House Foundation!



Rosemary Vaupshas '78, Christina Smith '91, Roberto Di Giorgio, Marie Di Maso, Antonia Maioni '79

The future at heart - Sacred Heart's capital campaign to raise funds for a new auditorium outside the current school walls; a wellness centre; and other major improvements to the students' learning environment - has had a record-breaking year. In February, *The future at heart* Gala, an evening to highlight some of the bright stars of our school, both past and present, raised close to \$88,000 net. The 18th Annual Sacred Heart Golf Tournament, held May 31, raised \$55,000 net.

Alumnae-focused Gala

Held at Le Mount Stephen hotel, the event's honoured guest was Mayor of Westmount and alumna, **Christina Smith '91**. The evening included performances by grade 9 student Jacqueline Van Aelst; an alumnae quartet composed of **Nadia Floriani '11**, **Amanda Forgione '17**, **Alexandra Gagliano '18**, and **Gurleen Padda '16**; and former La Voix contestant and alumna **Deidra Chois Robertson '12**. Centrepieces were by Fleuriste Jules d'Alcantara, thanks to **Sofia Muzzo '90**.

In addition to the guest of honour and other dignitaries, speeches were made by **Andrea Duchesne '96**, President of the City House Foundation; **Anika Maloni '97**, Director of Academics at Sacred Heart; **Tara Durley '85**, President of the Alumnae Association; and **Alessia Di Giorgio '09**.

Golfing for our Girls

This year's tournament was held at Club de Golf Saint-Raphaël. Eighty-six golfers and 103 dinner guests joined us, along with parent, faculty, and alumnae volunteers. Brunch in the clubhouse was sponsored by Groupe Montoni. Our two snack bars were well-stocked with porchetta, donated by Frank & Angelo Gallo; bagel sandwiches, donated by Vince Morena of St. Viateur Bagels; and cake and cannolis, from Lafrenaie. Each golf cart was supplied with water bottles sponsored by Canadian Immigration Law Firm, and a sleeve of balls donated by R.C. Coull Insurance Inc. A delicious 3-course dinner was sponsored by ALRE Properties Inc. Tables were decorated with beautiful flower arrangements generously donated by **Sofia Muzzo '90** of Fleuriste Jules d'Alcantara.

The City House Cup, awarded to the best overall foursome, went to long-time supporter Laurent Kanemy; his son Dominic; President of the Montreal Impact, Kevin Gilmore; and CFO of the Montreal Impact, Salvatore Rivera. The Founders Cup, awarded to the best alumnae foursome, went to reigning champions **Mary Ann Advincula '91**; **Maureen Brown '80**; **Tara Durley '85**; and **Rosemary Vaupshas '78**.

The success of the Capital Campaign ensures that ongoing generations of young women will have access to the uniqueness of a Sacred Heart education. Thank you!

Alumnae Donations to *The future at heart*

Thank you to our generous alumnae supporters for their contributions toward a new auditorium, a wellness centre, and other important renovations to the learning environment of current and future Sacred Heart girls!

Donations made by alumnae to the Capital Campaign from July 1, 2018 to June 30th 2019:



1946

Pauline Ramsey Joyal
Audrey J. Williams

1948

Ann Dohan Reynolds
Elizabeth Jean O'Brien Ferrier

1951

Nan Carlin
Mary Jane Lukacs Edwards

1952

Jean Kennedy Mackinnon*

1955

Lorette Diab Noble

1956

Mary Burke Marilley
Diana Wilkins Bell

1958

Anonymous
Gail Capon Hill

1959

Eleanor Hynes
Anne McCracken Fitzpatrick

1960

Susan O'Reilly
Deborah Peacock Beatty

1962

Harriet Dolan Stairs
Beatrix Wanke Ingram

1963

Anonymous (2)
Jane Howson Wilson
Ann McCoy Hucker

1964

Sheilagh MacKinnon Hudon

1965

Jeanne Gould

1966

Beatrice Keleher Raffoul

1967

Maureen Elliott

1971

Lana Conway

1973

Renée Chipman

1975

Lucille Davis

1976

Linda Ryan

1977

Margot Almond

1978

Martha Robinson

1980

Jenifer Rush

1982

Susan Maruya
Elizabeth Shamie

1985

Stephanie Rossy
Sarah Davey*

1988

Anonymous
Monique Thirlwell

1991

Ayanna Ferdinand Catlyn

1992

Isabel Brinck

2016

Veronica Sinclair

2018

Hannah Johnston

The Sacred Heart School of Montreal makes every attempt to report accurately all of our donors. We apologize in advance for any omissions – please inform us of any adjustments by email: communications@sacredheart.qc.ca

Donations to *The future at heart* Capital Campaign should be made out to the **City House Foundation**, 3635 Atwater Avenue, Montreal, QC H3H 1Y4. On behalf of the students: thank you! For more information, please contact Lili Le Fèvre, Director of Advancement and Communications: 514-937-2845 ext 213 or advancement@sacredheart.qc.ca

* These are gifts to the Annual Giving Campaign 2018-2019

Auditorium Seat Campaign

A huge thank you to each alumna, and groups of alumnae, who have donated \$1,000 to purchase a seat in the new auditorium

Individual Seats

Maureen Brown '80
Tanya Das Neves '86
Andrea Duchesne '96
Caterina Gasparri '91
Susan Klucinskas '83
Charlotte Le Fèvre '13
Antonia Maioni '79
Sarah Murphy '12
Lucy Pick '83
Stephanie Rossy '85
Cristiane Tinmouth '77
Rosemary Vaupshas '78
Maria Ziannis '19

Alumnae Association Board 2017-18 Seat

Mary-Ann Advincula '91
Bianca Arciero '08
Erin Brown-Vandecruys '09
Mieke Cullen '99
Cassandra D'Ambrosio '08
Leah Giannakis '93
Jessica Hindley '08
Teresa Little '80
Anne Marie Marilley '82
Josephine McNamara '81
Christina Paolucci '09
Anna Romano '83
Maria Valente Fernandes '99
Rosemary Vaupshas '78

Carla-Ann Hall 1985 Seat

Caroline Bray
Glorilyn Cabugao
Pina Colarusso
Charlotte-Rae Costigan
Tara Durley
Jane Hazel
Margaret Lanca
Nathalie Mancuso
Christina Nick
Lynn Petros
Stephanie Rossy
Clara Tse '86
Lisa Turcotte
Alexandra Yip

Alanna and Patrick Rourke Seat

Jackie Rourke '82

Maureen Rourke '78 Seat

Andrea Rourke '84

In Memory Of Genny Marilley '87 Seat

Mary Burke Marilley '56
Anne Marie Marilley '82

Contribute to your class seat

Thanks also to the class reps and alumnae who are working towards the target of \$1,000 in order to purchase a seat in honour of their graduating class. Your support is greatly appreciated.

City House Class of 1958 Seat

Louise Burke Brzustowski
Barbara Collette Sauve
Katherine Corbett Burbank
Sallie McManamy Baker
Maureen Slattery
Lynne Sullivan Kenny
Diane Walkden Hanna

Class of 1968 Seat

Dianne Dalton White
Lindsay Foss Watson
Christine Lengvari

Class of 1972 Seat

Suzanne Savoy

Class of 1978 Seat

Rosemary Vaupshas

Class of 1979 Seat

Lorraine Briscoe
Carla Caminiti
Joan Dufresne
Antonia Maioni
Fran Mondor
Joanne Pettinicchi
Nancy Senchey
Catherine Thompson

Class of 1982 Seat

Margot Jordan
Jackie Rourke
Elizabeth Shamie

Class of 1986 Seat

Christine Mocnaj

Class of 1991 Seat

Mary Ann Advincula

Class of 2013 Seat

Claudia Beliveau
Charlotte Le Fèvre

Alumnae Reunion 2019



Celebrate Friendship

ALUMNAE REUNION 2019

October 4, 2019

A special invitation to all anniversary years ending in 4 and 9
Celebrate with our Jubilarians, class of 1969



Prefer to receive this newsletter by email? Have news to share?
Please contact the Alumnae Office at 514-937-2845, ext. 108
or email alumnae@sacredheart.qc.ca