

April 2019

**Track & Field
ALL LEVELS**



THE SACRED HEART SCHOOL OF MONTREAL ATHLETICS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 Jumping Tryout 3:30-4:45	4	5	6
7	8	9	10 Practice 3:30-4:45	11	12	13
14	15	16	17	18	19	20
21	22	23	24 Practice @ KENT 3:45-4:45	25	26	27
28	29 Practice @ KENT 3:45-4:45	30				

May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Track Meet 1 All Day	2	3	4
5	6	7	8 Practice 3:30-4:45	9	10	11
12	13 Track Championships All Day	14	15	16	17	18
19	20	21	22	23	24	25